

Bath Board

These instructions are guidelines only. Use only as instructed by your healthcare provider.

What is a Bath Board Used For?

A bath board is a plastic board that spans the width of the bathtub and rests on the sides. The bath board is used to enter and exit a bathtub.

How Do I Install the Bath Board?

! **WARNING** Do not install the bath board if there is a shower door track on the bathtub.

Bath Board with Adjustment Legs (Figure 1)

1. Loosen adjustment legs slightly and move them outwards so they make contact with the inner wall of the bathtub.
2. Retighten adjustment legs. The bath board should fit securely in the bathtub.

! **WARNING** When installed the bath board should not exceed the outside wall of the bathtub by more than 2 cm.

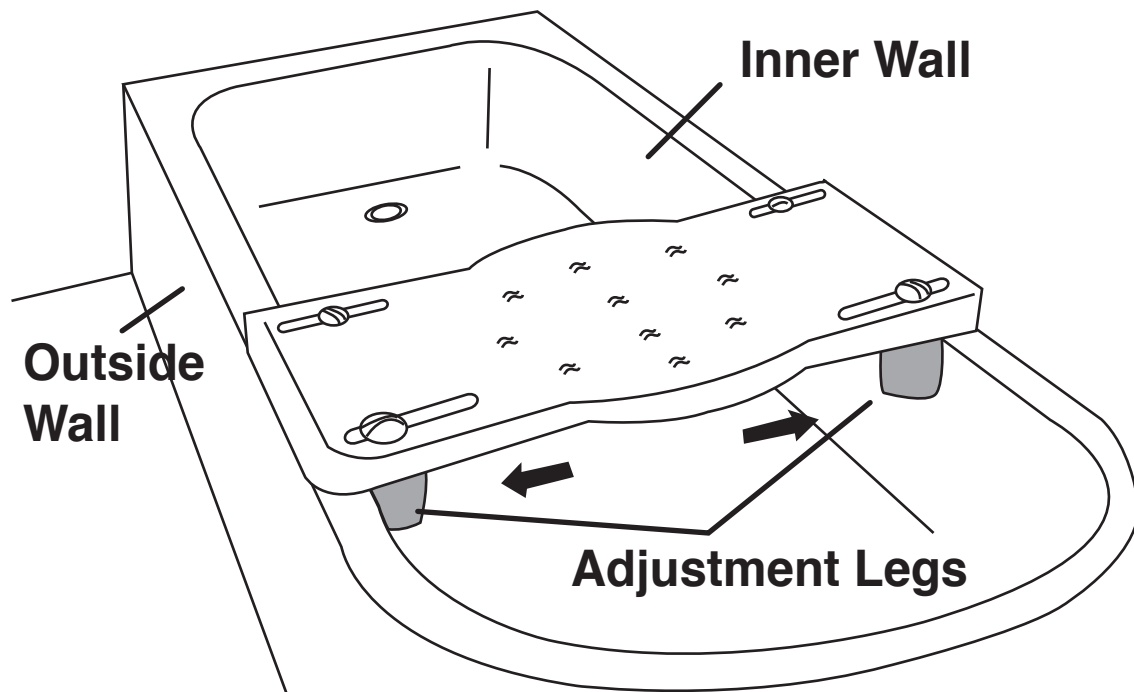


Figure 1: Installation of bath board with adjustment legs



Bath Board with Adjustment Bracket (Figure 2)



WARNING The back ledge of the bathtub must be wide enough for the bathboard to rest safely (minimum 1-inch to maximum 2-inch ledge). Do not use the bath board with free standing bathtubs, or bathtubs with no back ledge.

1. Ensure the back edge of the bath board is as close to the back wall as possible.
2. Securely tighten the threaded knob into the bracket tube assembly, providing a snug fit of the bath board against the back wall.



WARNING Test to see that the bath board is properly and securely locked in place on bathtub before using.

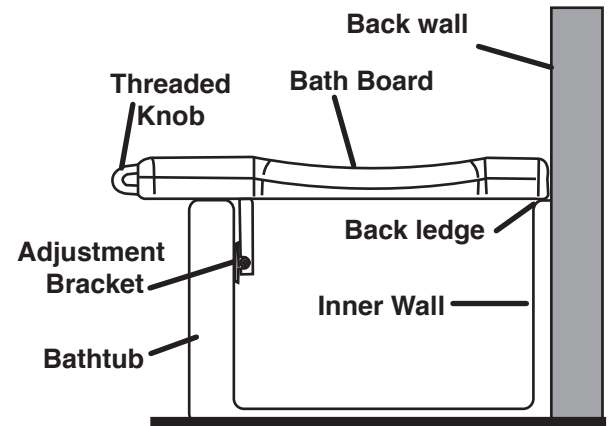


Figure 2: Installation of bath board with adjustment bracket

How Do I Use the Bath Board?



WARNING Supervision or assistance when using the bath board is recommended for users with limited mobility.



WARNING Before each use, test to ensure that the bath board is securely in place.



WARNING To increase safety, use a slip resistant bath mat when using a bath board.

1. Sit on the side of the bench that is outside the bathtub, with your feet on the floor.
2. Slide towards the center of the bath board.
3. Lift each leg over the tub wall. Turn slowly, without twisting, to avoid injury.

How Do I Care For the Bath Board?

- Clean the bath board with a mild soap, detergent or household cleaner. Do not use solvents, such as acetone, lacquer thinner, lighter fluid or turpentine.



Please ensure that equipment returned to the Red Cross is clean and in good condition.