

**OUR MISSION:  
TO IMPROVE  
THE LIVES OF  
VULNERABLE  
PEOPLE BY  
MOBILIZING  
THE POWER OF  
HUMANITY IN  
CANADA AND  
AROUND THE  
WORLD.**



**CANADIAN RED CROSS  
CROIX-ROUGE CANADIENNE**

**WHAT DOES IT MEAN TO YOU  
TO BE A CANADIAN RED CROSS  
VOLUNTEER?**

**FIND OUT TODAY!**

Call your local Red Cross office to learn more about the exciting volunteer opportunities available to you.

**CONTACT US**

**Calgary**  
1305 - 11 Avenue SW  
Calgary, AB T3C 3P6  
(403) 541-6100  
Toll-free: 1-800-852-6187

**Calgary HELP Depot**  
Unit 7,  
3140 14 Avenue NE  
Calgary, AB T2A 6J4  
Tel: (403) 273-4426

**Edmonton**  
9931 - 106 Street  
Edmonton, AB T5K 1E2  
Tel: (780) 423-2680  
Toll free: 1-800-565-4483

**Edmonton HELP Depot**  
2B01  
11111 Jasper Avenue  
Edmonton, AB, T5K 0L4  
Tel: 780-342-8588

**Grande Prairie**  
10014 - 102 Street  
Grande Prairie, AB  
T8V 2V6  
Tel: (780) 539-7127

**Lethbridge**  
335 Columbia Blvd. West  
Lethbridge, AB T1K 5Y8  
Tel: (403) 327-7117

**Medicine Hat**  
398 Aberdeen Street SE  
Medicine Hat, AB T1A 0R2  
Tel: (403) 526-3048

**Red Deer**  
#105, 5301 43 Street  
Red Deer, AB T4N1C8  
Tel: (403) 346-1241

**Standoff**  
c/o Blood Tribe  
Box 229  
Standoff, AB T0L 1Y0  
Tel : (403) 737-3883

**Slave Lake**  
225, 2 Avenue NW  
Slave Lake, AB T0G 2A1  
Tel: (780) 805-8470

**THE WORK OF THE CANADIAN RED CROSS IS GUIDED BY  
SEVEN FUNDAMENTAL PRINCIPLES:  
Humanity | Impartiality | Neutrality | Independence  
Voluntary Service | Unity | Universality**

**VOLUNTEER  
WITH CANADIAN  
RED CROSS  
IN ALBERTA**



**CANADIAN RED CROSS  
CROIX-ROUGE CANADIENNE**



# VOLUNTEERS ARE THE HEART OF THE CANADIAN RED CROSS.

*Over 2,000 Red Cross volunteers in Alberta give their time and passion to help others every day.*

Whether you are a professional, a stay-at-home parent, a retiree, a newcomer to Canada or a university student, if you are looking for opportunities to give back to your community, learn and meet new people, have new experiences, or develop your professional skills, volunteering for the Red Cross is the right choice for you.

## JOIN OUR TEAM

Canadian Red Cross volunteers work with a team of dedicated, enthusiastic and diverse staff and fellow volunteers.

The Canadian Red Cross takes pride in the fact that we are a volunteer-driven organization. Our work would not be possible without the dedication of volunteers.

Every member of our team goes through an extensive application, screening and training process to ensure that the Canadian Red Cross is the right fit for them.

*“I am very grateful to the Red Cross for giving me the opportunity to make a difference in my community. I am especially thankful that I have been given the experience, training and trust to present to young people about violence and abuse prevention.”*

*- Carlia, youth volunteer*

## YOU CAN MAKE A DIFFERENCE

- Assist families who have lost their homes after disasters strike.
- Provide medical equipment to those suffering from an illness or injury, helping maintain dignity and independence.
- Help communities, families and youth maintain safe and healthy lifestyles through violence and abuse prevention education.
- Empower young people through engagement in humanitarian issues.
- Put your innovation, technological and governance skills to use.

*Whatever your interests, the Canadian Red Cross has numerous programs and services that allow you to challenge yourself while sharing your skills and talents.*

### PROGRAMS INCLUDE:

Aboriginal Engagement  
Administration and Finance  
Community Housing  
Communications  
Disaster Management  
First Aid, Swimming and Water Safety  
Fund development  
Health Equipment Loan Program  
International Humanitarian Law  
Restoring Family Links  
Violence and Abuse Prevention Training  
Volunteer Resources



*“Red Cross is more than an organization to volunteer with. For me, it is family.”*

*– Canadian Red Cross volunteer  
Susan MacKenzie*